



## Westfield Crew Swim Test Certificate

The swim test demonstrates the minimum level of swimming ability required for safe deep-water swimming. The various components of the test evaluate the several skills essential to this minimum level of swimming ability.

The swim test is valid for twelve months. Every rower must complete a swim test before entering a rowing shell or safety launch.

*This Certificate recognizes that \_\_\_\_\_ has successfully completed the required U.S. Rowing Safety Swim test of treading water for no less than 15minutes unassisted.*

- 50 meter swim*
- Tread water for 15 minutes.*
- Put on a life jacket while treading water.*

*On this date \_\_\_\_\_*

*Witnessed by \_\_\_\_\_  
Certified Swimming Instructor or Life Guard*

*Location \_\_\_\_\_*