



Westfield Competitive Rowing, Inc.

Out-of-Town Rules

These rules are designed to make trips enjoyable for team members and their parents while still ensuring everyone's safety and focus on rowing activities. Team parents should review these rules, share them with their athletes and be sure they are understood.

General Rules:

1. Good sportsman-like behavior is expected at all times, as we are representatives of the town of Westfield, Westfield High School and Westfield Crew.
2. Possession or use of alcohol, drugs, tobacco products, flammable objects (e.g. matches) and/or weapons regardless of intent is strictly prohibited.
3. Foul language, hazing or pranks - even if they seem harmless, is not be permitted.
4. Team members may not leave the regatta site without permission.

Overnight Specific Rules

1. Team members should be in their rooms no later than 10:00 PM (or at the end of the team dinner). Lights out should be at 10:30 PM.
2. Team members must have their room keys in their possession and keys must never be given to anyone other than a team member or a Westfield Crew representative. Only members of Westfield Crew, parents/chaperones, and coaches are allowed in hotel room.
3. Team members may only socialize with non-team members in the hotel lobby or at the regatta site.
4. Noise should be kept to a minimum in the hotel and in the rooms. No shouting, loud music, running, or any behavior that disturbs other hotel guests and its employees will be tolerated.
5. Doors to rooms must be kept open whenever boys are visiting girls rooms or vice versa.
6. Team members may not leave the hotel without an adult chaperone.
7. Team members who violate these rules or otherwise behave in a manner that reflects badly may lose their seats in Westfield boats.

We have read the Out-of-Town Rules and agree to abide by them.

Athlete's Name: _____

Athlete's Signature: _____ **Date:** _____

Parent or Guardian's Name: _____

Parent or Guardian's Signature: _____ **Date:** _____