



Westfield Competitive Rowing, Inc.

Code of Conduct

Members of Westfield Crew represent their team, the town of Westfield and the sport of rowing. Therefore, their behavior and attitude should be positive and respectful at all times.

Westfield Crew athletes must follow the Westfield Crew Code of Conduct and team rules at all times. It is expected that team parents will support these rules.

1. Westfield Crew athletes should always practice good sportsmanship. They are expected to show respect for themselves, teammates, coaches, team parents, opponents, equipment, referees, rowing competition rules and regatta spectators.
2. Westfield Crew athletes are expected to attend every designated practice, de-rigging, re-rigging, trailer loading and unloading and regattas. Athletes are expected to arrive on time to events in order to fully participate. In the event of a special circumstance and a practice or race must be missed, the coaches must be notified ahead of time. Frequent absences or tardiness from practices, de-rigging or re-rigging, loading and/or races will affect an athlete's seatings and boatings for future regattas.
3. Westfield Crew athletes are expected to be in Westfield Crew apparel or Westfield Crew colors at all times at all regattas.
4. Westfield Crew athletes should treat all equipment with care, taking every precaution to avoid damage. It is the responsibility of every team member to inspect the equipment they are using before and after each use. Any damage or malfunction must be reported to a coach immediately.
5. Westfield Crew athletes must respect the Rutgers University Boat House property, dock area as well as the Raritan River at all times. No clothing, water bottles or trash should be left behind at practices or at regattas. All bags and personal effects should be locked in oar boxes when no one is in boat yard. No immature or disrespectful behavior on site will be tolerated.
6. Bullying will not be permitted. Any team member who intentionally and repeatedly uses hurtful or intimidating words, texts, e-mails, Internet postings, acts or behaviors will be dismissed from the team. Any team member who witnesses any bullying should report it directly to a coach immediately.
7. Hazing will not be permitted. Any team member who recklessly or intentionally endangers the physical or mental well-being, safety or welfare of another for any purpose will be dismissed from the team. Any team member witnessing any hazing activity should report it directly to a coach immediately.
8. Athletes who have competitive issues regarding boatings and seatings are expected to respectfully address their comments and concerns with the coaches directly. No parents shall engage a coach regarding an athlete's placement or participation.
9. Use of foul, offensive or abusive language will not be tolerated.
10. The Westfield Crew Team will supply ALL tools required and necessary for athletes to use during practices and regattas. Use or possession of personal metal or plastic implements or weapons, including but not limited to all types of knives, wrenches, cutting tools, are strictly prohibited at practices, regattas or other Westfield Crew related activities.

I, _____, understand the rules and regulations stated above. I understand my failure to follow the team Code of Conduct and team rules may result in the loss of rowing opportunity, disciplinary action or dismissal from the team with no tuition reimbursement. Rowers

Athlete Signature: _____ **Date:** _____
Parent or Guardian Signature: _____ **Date:** _____